



Abbey Park Pre-School
Abbey Park First & Nursery School
Abbey Park Middle School

Abbey Road
Persnore
Worcestershire
WR10 1DF

Head of First School: Mrs C. Mitchell
Head of Middle School: Miss R. Scully

September 2023

Dear Parents/Carers,

YEAR 5 SWIMMING LESSONS

As part of the Year 5 units of work in P.E., we shall take Year 5 swimming and have booked the pool at Persnore Leisure Centre on a Friday morning for our swimming sessions.

Year 5 will have a 10-week block starting on Friday 29th September and finishing on 8th December. In order to maximise the time and space available in the pool we need to employ a lifeguard and a Wychavon swimming instructor. This means we will have to ask for a contribution of £15.00 for the 10-week block (£7.50 for children on Free School Meals); school will provide the remainder of the costs.

Please return the reply slip overleaf as soon as possible and full payment by Friday 6th October 2023. If this is likely to cause problems for any reason please contact the school and we can discuss alternative arrangements.

Payment can be made using your child's Middle School payments4schools number sent out this week.

Children should wear a one-piece swimming costume and they will, of course need to bring a towel and the showers and toilets will be available to use. Long hair must be tied up and jewellery removed on that day.

Spectators will only be allowed upstairs. Please only arrive when your child's session has begun.

If your child usually wears goggles, please see the sheet and consent form attached.

**The Autumn Term block of 10 swimming sessions will start on
Friday 29th September 2023**

Yours sincerely,

L. Thompson
Class Teacher

Reply Slip: Information for Year 5 Swimming Lessons

Pupil's Name Class Venus

Please tick the box which best indicate your child's confidence in the water:

Cannot swim	
Still at beginner stage	
Able to swim length of local pool (25m)	
Able to swim longer distances with ease	
A successful Bronze/Silver/Gold Life Saving Award holder	

Signed (Parent/guardian) Date.....

Payment

I have paid £15.00/£7.50* online and my reference is

*Please delete as appropriate.

Please return the reply slip as soon as possible. Payment should be made by Friday 6th October.

Your co-operation is much appreciated.

APMS swimming goggles safety information 2023-2024

Goggles are sometimes worn to reduce the discomfort, which can occur whilst swimming, by children who swim frequently and/or children whose eyes are susceptible to irritation.

The wearing of goggles is not usually necessary for normal swimming and is discouraged by Worcestershire County Council due to their potential hazards.

“Please ensure that goggles are of a good quality by only purchasing goggles that conform to British Standard BS 5883 (1996). Please read the manufacturer’s instructions for putting them on and taking them off. This is important to ensure protection of eyes from impact damage through stretching the eyepieces away from the face with wet fingers. You should be aware that on occasions your child will be asked to remove their goggles in order to perform certain aquatic activities safely.”
Worcestershire County Council Children’s Services Safe Practice in swimming 2022”.

However, if you wish your child to wear goggles the following points should be noted carefully by yourselves and your child and the attached consent form signed and returned to school.

- 1) Goggles must be rinsed in the pool before use to prevent them misting up.
- 2) Goggles must be put on and removed correctly. If they fill with water or mist up in use, remove them completely to clear by pushing them up and then off the top of the head. Never pull goggles away from the face as they may fly back and cause serious eye injury.
- 3) Goggles must never be worn when diving or when the pool is crowded.

Goggles Consent Form

I would like my child to wear goggles during the weekly swimming sessions, and confirm that I have read the guidelines.

Signed Date