



Abbey Park Pre-School
Abbey Park First & Nursery School
Abbey Park Middle School

Abbey Road
Persnore
Worcestershire
WR10 1DF

Head of First School: Mrs C. Mitchell
Head of Middle School: Miss R. Scully
12th September 2023

SWIMMING – YEAR 4 DEER

This term we will commence swimming on Friday 29th September 2023 for 10 sessions. The last swim will be on Friday 15th December 2023.

Your child will need a swimming costume, a one piece for girls and trunks for boys, (the Bermuda shorts type are not suitable), a towel and a bag to put them in. Long hair must also be tied back and earrings removed.

If any parents are willing to walk down to the pool and back up to school it would be greatly appreciated. Please get in contact with the school office if you are able to help.

Children who like to wear goggles when swimming must bring in a signed form from parents giving permission (see below). I enclose the local education authority's guidelines on safety and wearing goggles for you to read, to ensure you and your child understand their safe use.

Due to the cost of hiring the pool, life guard and swimming teachers we need to ask for £15 per child per term which I am sure you will agree is excellent value. If your child is entitled to Free School Meals the cost is £7.50. If you are having difficulty in paying this charge please either contact the school office your class teacher. Please make payment via the on-line Payments4Schools system, which can be accessed via the school website, or make cheques payable to **Worcestershire County Council**. We would be most grateful if you could send this in as soon as possible.

If you wish to watch your child swim, spectators will only be allowed upstairs. Please only arrive when your child's session has begun.

If you have any questions regarding swimming please do not hesitate to pop in and have a word after school.

Best wishes

Mrs Hollis and Mrs Martin
Class Teachers

APFS swimming goggles safety information

Goggles are sometimes worn to reduce the discomfort which can occur whilst swimming by children who swim frequently and/or children whose eyes are susceptible to irritation.

The wearing of goggles is not usually necessary for normal swimming and is discouraged by Worcestershire County Council due to their potential hazards.

“Please ensure that goggles are of a good quality by only purchasing goggles that conform to British Standard BS 5883 (1996). Please read the manufacturer’s instructions for putting them on and taking them off. This is important to ensure protection of eyes from impact damage through stretching the eyepieces away from the face with wet fingers. You should be aware that on occasions your child will be asked to remove their goggles in order to perform certain aquatic activities safely.” Worcestershire County Council Children’s Services Safe Practice in Swimming 2009”.

However, if you wish your child to wear goggles the following points should be noted carefully by yourselves and your child and the attached consent form signed and returned to school.

- 1) Goggles must be rinsed in the pool before use to prevent them misting up.
- 2) Goggles must be put on and removed correctly. If they fill with water or mist up in use, remove them completely to clear by pushing them up and then off the top of the head. Never pull goggles away from the face as they may fly back and cause serious eye injury.
- 3) Goggles must never be worn when diving or when the pool is crowded.

Swimming – Year 4 Deer

Child:

- I have paid the contribution of £15.00
- My child is entitled to Free School Meals, I have paid the contribution of £7.50
- On-line and my receipt number is
- I enclose a cheque (made payable to Worcestershire County Council).

Goggles

I have read the LEA guidelines on wearing goggles and take full responsibility for my child to wear goggles for school swimming lessons.

Signed..... Parent/Guardian

Date.....