

Healthy Lifestyles Workshop

Wednesday 23rd November 2022

Please come and join us at our Healthy Lifestyles workshop between 9am and 11am. Find out ways to be healthy physically and mentally. We have invited people into school who can help and support you and this will also give you more awareness of what's out there in our local community for yourselves and your children.

Look who's coming in.....

Pershore Wellbeing Hub
Bupa Dental, Pershore
Community Cupboard
Pershore Leisure Centre
PCSO
School Nurse
Health Visitors
Wychavon Kids Kitchen
Jane Keen cooking on a low budget
Neil Grimshaw - Family Support Worker

There will be lots of freebies and loads of great information. It's very informal - just come along and have a look at the stalls and chat to people if you want to find out more.

We will have coffees and biscuits waiting for you!